Continued fractions with period 1 or 2

If k is an integer between m^2 and $(m+1)^2$, m>0, it can be written as $k=m^2+r$, $1\leq r\leq 2m$

 \sqrt{k} has a continued fraction $k=[a_0;\ a_1,a_2,a_1,a_2,\dots]$ (period 1 or 2), if, and only if, r is a divisor of 2 m. Then $a_0=m,a_1=\frac{2m}{r}$, $a_2=2m$.

Proof:

 $a_0=m$, remainder: $\varepsilon_0=\sqrt{m^2+r}-m$, $0\leq \varepsilon_0<1$ Following remainders: $\varepsilon_j=\frac{1}{\varepsilon_{i-1}}-a_j$

Period 1:
$$\varepsilon_1=\varepsilon_0$$
, period 2: $\varepsilon_2=\varepsilon_0$
$$\frac{1}{\varepsilon_0}=\frac{1}{\sqrt{m^2+r}-m}=\frac{\sqrt{m^2+r}+m}{r}=a_1+\varepsilon_1 \text{ with } a_1=\left\lfloor\frac{2m}{r}\right\rfloor$$
 or (1) $a_1=\frac{2m-s}{r}$, $s=(2m)\ mod\ r$.

 $\underline{r=1}$: $a_1=2m$ and $\varepsilon_1=\sqrt{m^2+1}-m=\varepsilon_0$ (period 1)

$$\underline{r > 1}: \qquad \qquad \varepsilon_1 = \frac{1}{\varepsilon_0} - \alpha_1 = \frac{\sqrt{m^2 + r} + m}{r} - \frac{2m - s}{r} = \frac{\sqrt{m^2 + r} - (m - s)}{r}$$

$$\frac{1}{\varepsilon_1} = \frac{r}{\sqrt{m^2 + r} - (m - s)} = \frac{r(\sqrt{m^2 + r} + m - s)}{m^2 + r - (m - s)^2}$$

Denominator: $r + s(2m - s) = r + sra_1$, see (1).

Reduced fraction:
$$\frac{1}{\varepsilon_1} = \frac{\sqrt{m^2 + r} + m - s}{1 + sa_1}$$
.

The period 2 requires $\varepsilon_2=\varepsilon_0$ after the next step and therefore

$$\frac{1}{\varepsilon_1} = \sqrt{m^2 + r} + c$$

For that, $1 + sa_1 = 1$ or s = 0.

Then c=m and $a_2=2m$ and $\varepsilon_2=\frac{1}{\varepsilon_1}-a_2=\sqrt{m^2+r}-m=\varepsilon_0$ (period 2)

With s=0, $a_1=\frac{2m}{r}$ is an integer and r a divisor of 2m. (q.e.d.)

As a trivial consequence, the number of terms $k=m^2+r$, which are between m^2 and $(m+1)^2$, is equal to the number of divisors of 2m.

Continued fraction: $k = \left[m; \frac{2m}{r}, 2m, \frac{2m}{r}, 2m, \dots\right]$